

East Sussex Palliative Care Formulary

Symptom	First line	Second line	Specialist initiated only	Dual use	Comment
Pain and Dyspnoea	<ul style="list-style-type: none"> morphine Injection 10mg in 1ml morphine injection 30mg in 1ml 	<ul style="list-style-type: none"> diamorphine 5mg diamorphine 10mg diamorphine 30mg 	<ul style="list-style-type: none"> diamorphine injection 100mg oxycodone injection 10mg in 1ml oxycodone injection 20mg in 2ml oxycodone injection 50mg in 1ml alfentanil 500 micrograms in 1ml alfentanil 1mg in 2ml alfentanil 5mg in 10ml 	<p>Opioids</p> <ul style="list-style-type: none"> Shortness of breath 	<p>Oxycodone – Patients already on oral treatment can be switched to injectable by the GP. New initiations of oxycodone should be advised /initiated by the specialist.</p> <p>Alfentanil – in renal impairment. If dose increases are needed then the specialist should be contacted for advice</p>
Agitation/confusion/restlessness	<ul style="list-style-type: none"> midazolam injection 10mg in 2ml 	<ul style="list-style-type: none"> levomepromazine injection 25mg in 1ml haloperidol 5mg in 1ml 		<p>Midazolam</p> <ul style="list-style-type: none"> Anxiety/panic/shortness of breath Convulsions 	
Respiratory Secretions	<ul style="list-style-type: none"> hyoscine butylbromide 20mg in 1ml <p>*NOT TO BE CO-PRESCRIBED WITH CYCLIZINE INJECTION IN THE SYRINGE DRIVER*</p>	<ul style="list-style-type: none"> glycopyrronium bromide 600 micrograms in 3ml hyoscine hydrobromide 600 micrograms in 1ml 		<p>hyoscine butylbromide</p> <ul style="list-style-type: none"> Colic 	

Nausea and vomiting	<ul style="list-style-type: none"> haloperidol injection 5mg in 1ml 	<ul style="list-style-type: none"> levomepromazine injection 25mg in 1ml cyclizine injection 50mg in 1ml *NOT TO BE CO-PRESCRIBED WITH HYOSCINE BUTYLBROMIDE INJECTION IN THE SYRINGE DRIVER* metoclopramide injection 10mg in 2ml 		levomepromazine <ul style="list-style-type: none"> agitation 	
Colic	<ul style="list-style-type: none"> hyoscine butylbromide 20mg in 1ml 			hyoscine butylbromide <ul style="list-style-type: none"> Respiratory secretions 	
Convulsions	<ul style="list-style-type: none"> midazolam injection 10mg in 2ml 			midazolam <ul style="list-style-type: none"> Anxiety/Panic/ Shortness of breath Agitation/Confusion/ Restlessness 	
Anxiety/panic/ dyspnoea	<ul style="list-style-type: none"> midazolam injection 10mg in 2ml 				
Raised intracranial pressure/ hepatic distension syndrome (liver capsule pain)/ bowel obstruction and all other indications	<ul style="list-style-type: none"> dexamethasone injection 3.3mg in 1ml 				
Diluents	<ul style="list-style-type: none"> water for injection (WFI) 10ml sodium chloride 0.9% (NaCl 0.9%) 10ml 				