

Sussex Partners Formulary – Not Recommended List

Not Recommended items

This list contains items that have been considered by the Sussex Health and Care Partnership Area Prescribing Committee (SHCP APC) as NOT routinely supported for initiation in any health setting for NHS patients and assigned the status of 'not recommended'.

If prescribers wish to initiate or are requested to prescribe an item which appears in this list, please contact the Medicines Optimisation Team.

Items in this list are not recommended unless approved via an Individual Funding Request (IFR). Clinicians can make a request to the IFR Panel for treatment to be funded by the NHS Sussex outside its established policies on one of two grounds, namely:

- The patient is suffering from a presenting medical condition for which the NHS Sussex has a policy, but where the requested treatment has not been agreed to be funded under the policy ("An exceptionality request")
- The patient is suffering from a medical condition or clinical presentation for which the NHS Sussex has no policy or established treatment path which defines which treatment is funded for such patients ("A no policy request")

For further details on the IFR process, please see here: <https://www.sussex.lcs.nhs.uk/nhs-sussex/policies-and-procedures/>

Non-Formulary items

Items not listed in this document (or within the Sussex Partners Formulary), have NOT been considered by the SHCP APC and are therefore NOT routinely supported for initiation in any health setting for NHS patients.

If prescribers wish to initiate or are requested to prescribe a non-formulary item, the SHCP APC would welcome a formulary application to be submitted. Please contact the SHCP APC secretariate for further information:

sxicb.sussexapc@nhs.net

This list also extends to any items

- Which are included in Part XVIII A of the Drug Tariff - [Drugs, Medicines and Other Substances not to be ordered under a General Medical Services Contract](#)
- Which have a negative or terminated NICE TA or are noted as Do Not Do / Do Not Recommend within NICE guidance

THESE ITEMS ARE NOT FOR ROUTINE PRESCRIBING - NOT RECOMMENDED

1	Gastro-intestinal system	11	Eye
2	Cardiovascular system	12	Ear, nose and oropharynx
3	Respiratory system	13	Skin
4	Nervous system	14	Vaccines
5	Infection	15	Anaesthesia
6	Endocrine system	16	Emergency treatment of poisoning
7	Genito-urinary system	Appendix 1	Borderline substances
8	Immune system and malignant disease	Appendix 2	Wound management products and elasticated garments
9	Blood and nutrition	Appendix 3	Medical Devices and Miscellaneous
10	Musculoskeletal system		

Drug Name	Formulation	Comments
1 Gastro-intestinal system (Back To Top)		
Aralax	Suppositories	
Abatacept	Powder for concentration for infusion	Not recommended for Inflammatory bowel disease
Certolizumab	Injection	Not recommended for Crohn's disease
Gaviscon Advance	Tablets	
Colofac	Tablets 135mg	Branded prescribing not funded on the local NHS.
Imodium	Capsules	Branded prescribing not funded on the local NHS.
Losec	Capsules 10mg, 20mg, 40mg	Branded prescribing not funded on the local NHS.
Movicol	Oral powder	Branded prescribing not funded on the local NHS.
Nexium	Tablets 20mg, 40mg	Branded prescribing not funded on the local NHS.
Pariet	Tablets	Branded prescribing not funded on the local NHS.
Peppermint oil	Modified release tablets	
Racecadotril	Capsules 100mg, granules 10mg/sachet	
Senokot	Tablets, Syrup	Branded prescribing not funded on the local NHS.
Ursofalk	Capsules	Branded prescribing not funded on the local NHS.
Zoton Fastab	Orodispersible tablets	Branded prescribing not funded on the local NHS.
2 Cardiovascular system (Back To Top)		
3 Respiratory system (Back To Top)		
Karvol inhalation	Capsules	Not prescribable on the NHS. Purchase OTC
Pholcodine	Linctus, Strong linctus	
Simple linctus	Linctus	Purchase OTC
Paediatric Simple linctus	Linctus	Purchase OTC
Budesonide, formoterol & glycopyrronium (Trixeo®)	Aerosol inhaler	
Drug delivery devices 2		
Nebulisers		
Beclometasone Dipropionate - Extrafine	Inhaler	Not recommended for use in children

If further information is required, please contact the SHCP APC secretariate team: sxicb.sussexapc@nhs.net

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Alimemazine	Tablets, Oral solution	
Omalizumab	Injection vials 150mg, pre-filled syringes 150mg/ml	Not recommended for treating chronic rhinosinusitis with nasal polyps
Pollen preparation extract - Grazax	Oral lyophilisates	
Lumafactor & Ivafactor	Tablets	
Formoterol fumarate dihydrate, beclometasone dipropionate (Luforbec®)	Inhaler	
4 Central Nervous system (Back To Top)		
Diazepam	Tablets, oral solution	Not recommended for 'fear of flying'
Naltrexone-bupropion	Modified-release tablets	
Meprobamate	All forms and strengths	
Loxapine	Inhalation powder	
Dosulepin	All forms and strengths	
Trimipramine	All forms and strengths	
Promethazine teoclate	Tablets	Purchase OTC for travel sickness
Oxycodone with nalaxone	Tablets	
Paracetamol with tramadol	Tablets	
Paracetamol with dextropropoxyphene	Tablets	
Paracetamol	500mg/5ml oral solution	Lower strengths available
Co-carelodopa intestinal gel	Gel	High cost drug
Fish oil supplements	All forms and strengths	
Omega 3	All forms and strengths	
Levodopa	All forms and strengths	
Dexamfetamine	5mg/5ml sugar free oral solution	
Methylphenidate (Delmosart®)	prolonged release tablets	
Methylphenidate (Ritalin®)	XL all strengths	
5 Infections (Back To Top)		
Oseltamivir	All forms and strengths	Not recommended for 'Seasonal prophylaxis of influenza'
6 Endocrine system (Back To Top)		
7 Obstetrics gynaecology and urinary tract disorders (Back To Top)		
Tadalafil	Tablets 10mg, 20mg	Not recommended for benign prostatic hyperplasia

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8 Malignant disease and immunosuppression (Back To Top)		
9 Nutrition and blood (Back To Top)		
10 Musculoskeletal and joint diseases (Back To Top)		
Glucosamine	All forms and strengths	
Glucosamine/chondroitin	All forms and strengths	
Algesal	Cream	
Capsaicin	Patches 179mg	
Naproxen with esomeprazole	MR tablets	
Ustekinumab	All forms and strengths	escalation of dosing frequency to every 4-6 weeks
Diclofenac with misoprostal	All forms and strengths	
11 Eye (Back To Top)		
Cosopt iMulti	Eye Drop Solution	Not Cost Effective
12 Ear nose and oropharynx (Back To Top)		
13 Skin (Back To Top)		
Eflornithine		
All bath and shower emollients		As per NHSE guidelines for 'Conditions for which over the counter items should not routinely be prescribed in primary care
Tacrolimus	Ointment	Not recommended for first line use or mild disease in atopic dermatitis
Brimonidine 3mg/g	Gel	
14 Immunological products and vaccines (Back To Top)		
15 Anaesthesia (Back To Top)		
Appendix 1 Borderline substances (Back To Top)		
Appendix 2 Wound management products and elasticated garments (Back To Top)		
Appendix 3 Medical devices and miscellaneous (Back To Top)		

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DO NOT ROUTINELY PRESCRIBE

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